



ISLAND RESORT COUPLES RETREAT

The retreat will take place in a private, cozy, and beautiful romantic setting, enabling you to receive personalised attention while reigniting and recharging your relationship.

Every retreat comes with different surprises and include discussions, workshops, role plays, exercises, stress release techniques, relaxation time, quiet sunset evening time, private dinners and more.

All couple retreats are facilitated by Jane and Nick Rushton. Jane and Nick have been married for 26 years and created a life together over that time with their four children. During these years they have had many experiences along the way, that have allowed them to ignite and grow as a couple and as parents.

They are now excited to share this knowledge with other couples in a relaxing and private setting.

www.janerushtonlive.com/online-store